

#### **Job Description**

Post: Women's Wellbeing Navigator (Ref: MKWCN)

Responsible to: Centre Manager

Hours: Part Time, 20 hours per week (ideally 10-2pm Mon-Fri)

Renumeration: £11.45 per hour, payable monthly

Location: Milton Keynes Women's Centre

Holiday: 28 days pro rata + bank and statutory holidays

Vetting process will include an enhanced DBS check and satisfactory references along with level 1 vetting/prison clearance

#### **SUMMARY**

We are recruiting a Wellbeing Navigators who will be part of a team based in our new women's centre in Milton Keynes, providing person-centred support focusing on addressing a range of issues faced by service users who are at risk of being involved or are involved in the criminal justice system.

The centre provides a safe space for women to attend and access support services from a multitude of service providers. The centre provides a space for professionals to co locate to provide an excellent and comprehensive support package to the women.

The Wellbeing Navigator Role will involve:

- Meeting and greeting all who access the centre including service users and professionals from partnering agencies
- Ensure all accessing the centre sign in and are welcomed
- Communicating well with all users of the centre
- Identify the needs of individuals
- Creating Action Plans to assess service users' needs and monitor progress and keeping up to date clear records
- 1-1 case work and managing own caseload
- Assist with facilitating centre activities and courses
- Motivating and encouraging engagement in support groups and volunteering opportunities
- Working closely with and signposting to professionals and other agencies as necessary
- Providing support, with the aim of reducing offending and empowering service users to lead their own independent lives
- Support with the day-day running of the Centre (including overseeing service users who use the center, cooking and cleaning when necessary)
- Attend team and staff meetings and training as and when required
- Cover and support colleagues in our other women's centre's in Kettering and Milton Keynes, and the allotment in Northampton, as and when required

### Qualifications

To have a relevant qualification to a good standard or be working towards one. (including any recognised qualification of 'A' Level standard or above in any aspect of social care, advice work,

psychology, criminology etc.



## Knowledge

- Knowledge and understanding of the requirements of managing a caseload including maintaining and updating records, remaining focused on action plan goals, and keeping to deadlines
- An understanding and knowledge of the barriers faced by people with complex and multiple needs, protected characteristics, disabilities as well as relevant specialist support services
- Knowledge of and commitment to safeguarding practices and policies, and ability to promote safeguarding among vulnerable clients and colleagues.
- Knowledge of the criminal justice system

#### **Skills & Abilities**

- Ability to work resiliently under pressure, meet deadlines, work on own initiative and part of a team
- Excellent verbal and written communication skills to ensure effective reporting and customer service
- Ability to assess clients' needs and provide tailored, person-led support through action planning and interventions involving advice, guidance, advocacy, and coaching.
- An ability to work sensitively with clients applying trauma informed strategies, actively listening and able to use a range of communication methods when providing information and support
- Ability to find innovative ways to work with service users to identify and find informed solutions to the challenges faced by them.
- Strong IT skills including proven experience of using Word, Excel, and Outlook in a similar work environment. This includes ability to use online video communication platforms (e.g. Microsoft Teams, Zoom)
- Effective interpersonal and relationship building skills including ability to develop strong professional working relationships
- Ability to develop and maintain a workplace environment which is both safe, supportive, enabling your colleagues and service users to thrive.
- Ability to negotiate and diffuse challenging situations
- Ability to be a flexible, supportive and encouraging team player
- Ability to facilitate groups and motivate participation
- You must be a driver and have access to your own vehicle

# Attitude

- Pro-active and able to work under pressure and on own initiative
- Commitment to consultative & collaborative ways of working
- Commitment to and understanding of safeguarding and professional boundaries
- Personal and professional integrity
- Positive attitude towards staff and peers
- Emotionally resilient
- Personable and solution focussed
- Awareness of and commitment to equal opportunity and diversity practices and policies, ability to
  promote diversity and treat colleagues and clients fairly and with respect.

## What we will do to support you in this role

We will provide the following resources to assist in the successful achievement of the responsibilities outlined above:

- On-going and targeted learning and development that will support and enable you to deliver the role to a high standard
- A full induction
- Continuous support and supervision including reflective practice to develop your learning and skills as a practitioner
- A fully supportive team environment with regular and ongoing supervision